



Dear Parents,

We are continuing with our character development program called Bucket Filling. Bucket Filling is an easy-to understand concept: *Everyone carries and invisible bucket that holds our good thoughts and feelings. When our bucket is full, we feel happy and when our buckets are empty, we feel sad.*

Children quickly understand that they can fill buckets when they do and say things that are kind, considerate, caring and respectful. They also learn that when they are mean, inconsiderate, uncaring or disrespectful, they dip into buckets and remove those good feelings. Even the youngest child understands that actions can either fill a bucket or dip into it.

During the school year we are encouraging, reminding, and recognizing everyone's efforts to be bucket fillers at home, at school, and everywhere they go.

We are excited about our character ed program and look forward to your support.

If you would like to learn more about bucket filling, visit the Bucket Fillers website. www.bucketfillers101.com. Bucket Fillers offer a free weekly e-newsletter for parents and teachers.

Thanks,

Niedringhaus Character Ed Team