

LUNCH PRICES

Student - \$2.65

Adult - \$3.50

Milk - \$.60

MILK VARIETY OFFERED DAILY:

1% White

1% Chocolate

JANUARY 2019

GCSD#9 – HIGH SCHOOL



Monday

Tuesday

Wednesday

Thursday

Friday

ALL STUDENTS AT THIS SCHOOL RECEIVE ONE DAILY LUNCH FREE OF CHARGE.

NO SCHOOL
WINTER BREAK

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WINTER BREAK

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WINTER BREAK

NO SCHOOL
WINTER BREAK

NO SCHOOL
TEACHER INSTITUTE DAY

8
Cheesy French Bread
With Marinara Sauce
Carrot Sticks
Celery, FF Ranch Dressing
Diced Pears
Milk

9
Penne Noodles
With Meat Sauce
Romaine Tossed Salad
Carrots, Breadstick
Lite Italian Dressing
Diced Peaches
Milk

10
Chicken Fajita
Cheesy Beans
Shredded Lettuce
Green Beans
Tortilla Chips & Salsa Cup
Mixed Fruit
Milk

11
Pulled BBQ Pork
On WG Bun
Mac'n Cheese
Coleslaw
Pineapple Chunks
Milk

14
Spicy Chicken on
WG Bun
Sweet Potato Fries
Peas
Mixed Fruit Cup
Milk

15
Soft Taco
Shredded Lettuce
Spanish Rice
Cheesy Beans
Tortilla Chips & Salsa Cup
Pineapple Chunks
Milk

16
Chicken Parmesan
Mashed Potatoes
Green Beans
Garlic Bread
Peaches
Milk

17
Homemade Chicken
Noodle Soup
Grilled Cheese Sandwich
Veggie Bar, Carrots
Cheez-Its, Apple Slices
Milk

18
Orange Chicken
Steamed Broccoli
Oriental Vegetables
Spaghetti Noodles
Breadstick
Pineapple Chunks
Milk

NO SCHOOL
**MARTIN LUTHER KING
HOLIDAY**

22
Cheese Pizza
Wedge
Green Beans
Carrots
Veggie Boat
Pears
Milk

23
Spaghetti & Meat
Sauce, Breadstick
Romaine Tossed Salad with
FF Ranch Dressing, Veggie Boat
Carrots
Mixed Fruit
Milk

24
Spicy Chicken on
WG Bun
Hash Rounds
Steamed Broccoli
Chilled Peaches
Milk

25
Bacon Cheeseburger on
WG Bun
Mashed Potatoes
Corn
Veggie Boat
Apple Slices
Milk

28
Pepperoni Pizza
Wedge
Corn
Cooked Carrots
Applesauce
Milk

29
Chicken Queso on
WG Bun
Steamed Broccoli
Sweet Potato Fries
Apple Slices
Milk

30
Chicken Strips
Mashed Potatoes
Green Beans
Wheat Roll
Peaches
Milk

31
Bosco Sticks &
Spaghetti Sauce
Romaine Salad
Veggie Boat
Pears
Milk

If you have any questions or comments, please contact the Food Service Dept. at (618)451-5800 or gloria.harrison@gcsd9.net or cheryl.wilson@gcsd9.net.

This Institution is an Equal Opportunity Provider.

MENU IS SUBJECT TO CHANGE.

