

LUNCH PRICES

Student - \$2.65

Adult - \$3.50

Milk - \$.60

MILK VARIETY OFFERED DAILY:

1% White

1% Chocolate

# JANUARY 2019

## GCSD#9 – HIGH SCHOOL



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

ALL STUDENTS AT THIS SCHOOL RECEIVE ONE DAILY LUNCH FREE OF CHARGE.

**NO SCHOOL**  
**WINTER BREAK**

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**WINTER BREAK**

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**WINTER BREAK**

**NO SCHOOL**  
**WINTER BREAK**

**NO SCHOOL**  
**TEACHER INSTITUTE DAY**

**8**  
Cheesy French Bread  
With Marinara Sauce  
Carrot Sticks  
Celery, FF Ranch Dressing  
Diced Pears  
Milk

**9**  
Penne Noodles  
With Meat Sauce  
Romaine Tossed Salad  
Carrots, Breadstick  
Lite Italian Dressing  
Diced Peaches  
Milk

**10**  
Chicken Fajita  
Cheesy Beans  
Shredded Lettuce  
Green Beans  
Tortilla Chips & Salsa Cup  
Mixed Fruit  
Milk

**11**  
Pulled BBQ Pork  
On WG Bun  
Mac'n Cheese  
Coleslaw  
Pineapple Chunks  
Milk

**14**  
Spicy Chicken on  
WG Bun  
Sweet Potato Fries  
Peas  
Mixed Fruit Cup  
Milk

**15**  
Soft Taco  
Shredded Lettuce  
Spanish Rice  
Cheesy Beans  
Tortilla Chips & Salsa Cup  
Pineapple Chunks  
Milk

**16**  
Chicken Parmesan  
Mashed Potatoes  
Green Beans  
Garlic Bread  
Peaches  
Milk

**17**  
Homemade Chicken  
Noodle Soup  
Grilled Cheese Sandwich  
Veggie Bar, Carrots  
Cheez-Its, Apple Slices  
Milk

**18**  
Orange Chicken  
Steamed Broccoli  
Oriental Vegetables  
Spaghetti Noodles  
Breadstick  
Pineapple Chunks  
Milk

**NO SCHOOL**  
**MARTIN LUTHER KING  
HOLIDAY**

**22**  
Cheese Pizza  
Wedge  
Green Beans  
Carrots  
Veggie Boat  
Pears  
Milk

**23**  
Spaghetti & Meat  
Sauce, Breadstick  
Romaine Tossed Salad with  
FF Ranch Dressing, Veggie Boat  
Carrots  
Mixed Fruit  
Milk

**24**  
Spicy Chicken on  
WG Bun  
Hash Rounds  
California Blend  
Vegetables  
Chilled Peaches  
Milk

**25**  
Bacon Cheeseburger on  
WG Bun  
Mashed Potatoes  
Corn  
Veggie Boat  
Apple Slices  
Milk

**28**  
Pepperoni Pizza  
Wedge  
Corn  
Cooked Carrots  
Applesauce  
Milk

**29**  
Chicken Queso on  
WG Bun  
Steamed Broccoli  
Sweet Potato Fries  
Apple Slices  
Milk

**30**  
Chicken Strips  
Mashed Potatoes  
Green Beans  
Wheat Roll  
Peaches  
Milk

**31**  
Bosco Sticks &  
Spaghetti Sauce  
Romaine Salad  
Veggie Boat  
Pears  
Milk

If you have any questions or comments, please contact the Food Service Dept. at (618)451-5800 or [gloria.harrison@gcsd9.net](mailto:gloria.harrison@gcsd9.net) or [cheryl.wilson@gcsd9.net](mailto:cheryl.wilson@gcsd9.net).

**This Institution is an Equal Opportunity Provider.**

**MENU IS SUBJECT TO CHANGE.**

