

LUNCH PRICES

Student - \$2.65

Adult - \$3.50

Milk - \$.60

MILK VARIETY OFFERED DAILY:

1% White

1% Chocolate

OCTOBER 2018

GCSD#9 – COOLIDGE JR. HIGH



Monday

Round Pizza
Carrots
Diced Pears
Milk

1

Tuesday

Pork Roast Dinner
Mashed Potatoes
Corn
Dinner Roll
Apple Slices
Milk

2

Wednesday

Lasagna
Romaine Tossed Salad
Lite Italian Dressing
Peas
Breadstick
Diced Peaches
Milk

3

Thursday

Chicken Fajita
Shredded Lettuce
Green Beans
Mixed Fruit
Milk

4

Friday

NO SCHOOL

INSTITUTE DAY

5

NO SCHOOL

8

COLUMBUS DAY

Soft Taco
Shredded Lettuce
Spanish Rice
Cheesy Beans
Salsa Cup
Pineapple Chunks
Milk

9

Salisbury Steak
Mashed Potatoes
Green Beans
Dinner Roll
Peaches
Milk

10

Grilled Cheese
& Tomato Soup
Carrots
Cheez-Its
Apple Slices
Milk

11

Orange Chicken
Steamed Broccoli
Corn
Spaghetti Noodles
Pineapple Chunks
Milk

12

Cheese Pizza
Wedge

15

Green Beans
Carrots
Pears
Milk

Chicken Nuggets
Mashed Potatoes
Corn
Blue Raspberry
Sidekick
Milk

16

NATIONAL PASTA DAY
Spaghetti & Meat
Sauce, Breadstick
Romaine Tossed Salad with
FF Ranch Dressing
Green Beans, Mixed Fruit
Milk

17

NO SCHOOL

PARENT/TEACHER CONFERENCES

18

NO SCHOOL

PARENT/TEACHER CONFERENCES

19

Pepperoni Pizza
Wedge
Green Beans
Cooked Carrots
Applesauce
Milk

22

Cheeseburger on
WG Bun
Steamed Broccoli
Cucumber Slices
Apple Slices
Milk

23

Chicken Strips
Mashed Potatoes
Corn
Wheat Roll
Peaches
Milk

24

Bosco Sticks &
Spaghetti Sauce
Romaine Salad
Cooked Carrots
Pears
Milk

25

BBQ Rib on Bun
Calico Beans
Hash Rounds
Mixed Fruit
Milk

26

Sausage Pizza
Carrots
Diced Pears
Milk

29

Chicken Parmesan
On WG Bun
Mashed Potatoes
Corn
Apple Slices
Milk

30

Chicken Noodle
Casserole
Romaine Tossed Salad
Lite Italian Dressing
Peas, Breadstick
Diced Peaches
Milk

31

ALL STUDENTS AT THIS SCHOOL RECEIVE ONE DAILY LUNCH FREE OF CHARGE.

If you have any questions or comments, please contact the Food Service Dept. at (618)451-5800 or gloria.harrison@gcsd9.net or cheryl.wilson@gcsd9.net

This Institution is an Equal Opportunity Provider.

MENU IS SUBJECT TO CHANGE.