

# August 2019

## GCSD#9 – HIGH SCHOOL

### BREAKFAST



#### Breakfast Prices:

Student - \$1.50  
Adult - \$2.50  
Milk - \$.60

#### MILK VARIETY OFFERED DAILY:

1% White  
1% Chocolate



If you have any questions or comments, please contact the Food Service Dept. at (618)451-5800 or [gloria.harrison@gcsd9.net](mailto:gloria.harrison@gcsd9.net) or [cheryl.wilson@gcsd9.net](mailto:cheryl.wilson@gcsd9.net).



*This Institution is an Equal Opportunity Provider.*

### Monday



### Tuesday

ALL STUDENTS AT THIS SCHOOL RECEIVE ONE DAILY BREAKFAST FREE OF CHARGE.

### Wednesday

MENU IS SUBJECT TO CHANGE.

### Thursday

### Friday

5

6

7

8

9

12

13

14

15

16

Pancakes with Syrup  
or  
Sausage Biscuit  
Pears, Milk

Sausage Roll-Up  
or  
Cereal & Toast  
Apple Slices  
Milk

Breakfast Pizza

19

Or  
Cinnamon Crunch Pastry  
Peaches  
Milk

Cooked Oatmeal

20

& Toast  
Or  
French Toast Sticks with Syrup  
Peaches, Milk

Biscuit & Gravy

21

or  
Cereal & Toast  
Fruit Mix  
Milk

Scrambled Egg,

22

Sausage Patty & Toast  
Or  
Waffles with Syrup  
Sliced Apples, Milk

Long John Donut

23

Or  
Cereal & Toast  
Pears  
Milk

Dutch Waffle

26

or  
Cereal & Toast  
Peaches  
Milk

Yogurt & Toast

27

Or  
Sausage Biscuit  
Apple Slices  
Milk

Biscuits & Gravy

28

or  
Cereal & Toast  
Fruit Mix  
Milk

Mini Cinnamon

29

Rolls  
Or  
Pancakes with Syrup  
Applesauce, Milk

Breakfast Pizza

30

Or  
Pop-Tart  
Peaches  
Milk