

# September 2019

GCSD#9 – GRADES 1 - 4

## BREAKFAST



### Breakfast Prices:

Student - \$1.50  
 Adult - \$2.50  
 Milk - \$.60

### MILK VARIETY OFFERED DAILY:

1% White  
 1% Chocolate



If you have any questions or comments, please contact the Food Service Dept. at (618)451-5800 or [gloria.harrison@gcsd9.net](mailto:gloria.harrison@gcsd9.net) or [cheryl.wilson@gcsd9.net](mailto:cheryl.wilson@gcsd9.net).

*This Institution is an Equal Opportunity Employer.*



### Monday

**NO SCHOOL** 2  
**LABOR DAY**

Breakfast Pizza  
 or  
 Sausage Biscuit 9  
 Peaches  
 Milk

French Toast Sticks 16  
 With Syrup  
 Or  
 Cinnamon Toast Crunch Pastry  
 Peaches, Milk

Dutch Waffle 23  
 Or  
 Cereal & Toast  
 Pears  
 Milk

Pancakes with Syrup 30  
 Or  
 Sausage Biscuit  
 Pears  
 Milk

### Tuesday

Cinnamon Roll 3  
 Or  
 Cereal & Toast  
 Peaches  
 Milk

Banana Bread 10  
 Or  
 Waffles with Syrup  
 Peaches  
 Milk

Yogurt & Toast 17  
 Or  
 Mini Cinnis  
 Apple Slices  
 Milk

Cooked Oatmeal 24  
 & Toast  
 Or  
 French Toast Sticks with Syrup  
 Peaches, Milk

**MENU IS SUBJECT TO CHANGE.**



### Wednesday

Biscuit & Gravy  
 Or  
 Cereal & Toast  
 Fruit Mix  
 Milk

Biscuit & Gravy 11  
 Or  
 Cereal & Toast  
 Fruit Mix  
 Milk

Biscuit & Gravy 18  
 or  
 Cereal & Toast  
 Fruit Mix  
 Milk

Biscuit & Gravy 25  
 or  
 Cereal & Toast  
 Fruit Mix  
 Milk

**ALL STUDENTS AT THIS SCHOOL RECEIVE ONE DAILY BREAKFAST FREE OF CHARGE.**

### Thursday

Scrambled Egg, 5  
 Sausage Patty & Toast  
 Or  
 Pop-Tarts  
 Fruit Mix, Milk

Scrambled Egg, 12  
 Sausage Patty & Toast  
 Or  
 Jelly Crescent  
 Apple Slices, Milk

Long John Donut 19  
 Or  
 Cereal & Toast  
 Applesauce  
 Milk

Breakfast Pizza  
 or  
 Sausage Biscuit 26  
 Peaches  
 Milk

### Friday

Sausage Roll-Up 6  
 Or  
 Cereal & Toast  
 Apple Slices  
 Milk

Mini Donuts 13  
 Or  
 Cereal & Toast  
 Apple Slices  
 Milk

Pop-Tarts 20  
 Or  
 Scrambled Egg, Sausage  
 Patty & Toast  
 Pears, Milk

Cereal & Toast 27  
 Or  
 Sausage Roll-Up  
 Fruit Mix  
 Milk

