

September 2019

GCSD#9 – GRADES 7 - 8

LUNCH



Lunch Prices:
 Student - \$2.65
 Adult - \$3.25
 Milk - \$.60

MILK VARIETY OFFERED DAILY:
 1% WHITE
 1% CHOCOLATE
 MENU IS SUBJECT TO CHANGE.



If you have any questions or comments, please contact the Food Service Dept. at (618)451-5800 or gloria.harrison@gcsd9.net or cheryl.wilson@gcsd9.net.



This Institution is an Equal Opportunity Employer.

Monday

NO SCHOOL 2
LABOR DAY

Tuesday

Country Fried 3
 Chicken
 Mashed Potatoes, Corn
 Dinner Roll, Apple Slices
 Milk

Wednesday

Yon Mazetta 4
 Romaine Tossed Salau
 W/Lite Italian Dressing
 Peas, Bread Stick
 Diced Peaches, Milk

Thursday

Turkey & Bacon 5
 Wrap
 Shredded Lettuce
 Green Beans
 Mixed Fruit
 Milk

Friday

Bacon Cheeseburger 6
 Baked Beans
 Cole Slaw
 Pineapple Chunks
 Milk

Dill Chicken 9
 On WG Bun
 Oven Fries
 Sweet Peas
 Mixed Fruit Up, Milk

Chicken Fajita 10
 Shredded Lettuce
 Cheesy Beans, Spanish Rice
 Salsa Cup
 Pineapple Chunks, Milk

Meatloaf 11
 Mashed Potatoes
 Green Beans
 Dinner Roll
 Peaches, Milk

Cheese Bites & 12
 Spaghetti Sauce
 Carrots
 Apple Slices
 Milk

Asia Nuggets 13
 Steamed Broccoli,
 Corn, Spaghetti Noodles
 Breadstick
 Pineapple Chunks, Milk

Cheese Pizza Wedge 16
 Green Beans
 Carrots
 Pears
 Milk

Chicken Nuggets 17
 Mashed Potatoes
 Corn, Dinner Roll
 Pineapple Chunks
 Milk

NATIONAL CHEESEBURGER 18
DAY
 Cheeseburger on
 WG Bun, Steamed Broccoli
 Baked Beans, Chilled Peaches
 Milk

Spaghetti & Meat 19
 Sauce, Bread Stick
 Romaine Salad w/FF Ranch
 Dressing, Carrots
 Mixed Fruit, Milk

Breaded Chicken 20
 on WG Bun
 Hash Rounds
 Steamed California Blend
 Vegetables
 Apple Slices, Milk

Pepperoni Pizza 23
 Wedge
 Corn, Cooked Carrots
 Applesauce
 Milk

Cheeseburger 24
 Steamed Broccoli
 Cucumber Slices
 Apple Slices
 Milk

Chicken Strips 25
 Mashed Potatoes
 Green Beans
 Wheat Roll
 Peaches, Milk

Bosco Sticks & 26
 Spaghetti Sauce
 Cooked Carrots
 Romaine Salad
 Pears, Milk

BBQ Rib on Bun 27
 Baked Beans
 Hash Rounds
 Mixed Fruit
 Milk

Round Pizza 30
 Carrots
 Diced Pears
 Milk



**ALL STUDENTS AT
 THIS SCHOOL RECEIVE
 ONE DAILY LUNCH FREE
 OF CHARGE.**

