

September 2019

GCSD#9 – HIGH SCHOOL

LUNCH



Lunch Prices:
Student - \$2.65
Adult - \$3.25
Milk - \$.60

MILK VARIETY OFFERED DAILY:
1% WHITE
1% CHOCOLATE

MENU IS SUBJECT TO CHANGE.



If you have any questions or comments, please contact the Food Service Dept. at (618)451-5800 or gloria.harrison@gcsd9.net or cheryl.wilson@gcsd9.net.



This Institution is an Equal Opportunity Employer.

Monday

NO SCHOOL

2

LABOR DAY

Tuesday

Country Fried
Chicken

3

Mashed Potatoes, Corn
Garlic Bread, Apple Slices
Milk

Wednesday

Yon Mazetta
Romaine Tossed Salau
W/Lite Italian Dressing
Carrots, Bread Stick
Diced Peaches, Milk

4

Thursday

Chicken Queso
Sandwich
Shredded Lettuce
Green Beans
Mixed Fruit
Milk

5

Friday

Bacon Cheeseburger
Baked Beans
Cole Slaw
Pineapple Chunks
Milk

6

Dill Chicken
On WG Bun
Au Gratin Potatoes
Carrots
Mixed Fruit Up, Milk

9

Chicken Fajita
Shredded Lettuce
Cheesy Beans, Spanish Rice
Salsa Cup, Veggie Bar
Pineapple Chunks, Milk

10

Meatloaf
Mashed Potatoes
Green Beans
Garlic Bread
Peaches, Milk

11

Cheese Bites &
Spaghetti Sauce
Romaine Salad, Veggie Bar
Carrots, Apple Slices
Milk

12

Asian Nuggets,
Bread Stick
Steamed Broccoli, Corn
Spaghetti Noodles
Pineapple Chunks, Milk

13

Cheese Pizza Wedge
Green Beans
Carrots, Veggie Bar
Pears
Milk

16

Chicken Nuggets
Mashed Potatoes
Corn, Dinner Roll
Pineapple Chunks
Milk

17

**NATIONAL CHEESEBURGER
DAY**
Cheeseburger on
WG Bun, Steamed Broccoli
Baked Beans, Chilled Peaches
Milk

18

Spaghetti & Meat
Sauce, Bread Stick
Romaine Tossed Salad
w/FF Ranch Dressing
Carrots, Veggie Bar
Mixed Fruit, Milk

19

Spicy Chicken
on WG Bun
Hash Rounds
Steamed California Blend
Vegetables, Veggie Bar
Apple Slices, Milk

20

Pepperoni Pizza
Wedge
Corn, Cooked Carrots
Applesauce
Milk

23

Chicken Bacon
Melt
Steamed Broccoli
Sweet Potato Fries
Apple Slices, Milk

24

Chicken Strips
Mashed Potatoes
Green Beans
Wheat Roll
Peaches, Milk

25

Bosco Sticks &
Spaghetti Sauce
Veggie Bar
Romaine Salad
Pears, Milk

26

BBQ Rib on Bun
Baked Beans
Hash Rounds
Mixed Fruit
Milk

27

Round Pizza
Carrot &
Celery Sticks, FF Ranch
Dressing, Veggie Bar
Diced Pears, Milk

30



**ALL STUDENTS AT
THIS SCHOOL RECEIVE
ONE DAILY LUNCH FREE
OF CHARGE.**

